



Managing the Impact of Covid-19 **Planning for Recovery**

SAI Workshop
10 June
@ 1.30 pm

3 Strategies to
Be Your Best
during Corona:

- Vision
- Decision
- Action

with Maeve Lankford
Transformational Coach & Facilitator





Vision



Two Signals for Growth

Life Assessment

Health

☹️ 1-----5 😊

Relationships

☹️ 1-----5 😊

Career / Creative Expression

☹️ 1-----5 😊

Time & Money Freedom

☹️ 1-----5 😊

What would you love?



Decision



You must decide!



Action



#1 Upleveler to Support Yourself to take Action: Be Your Own Best Friend

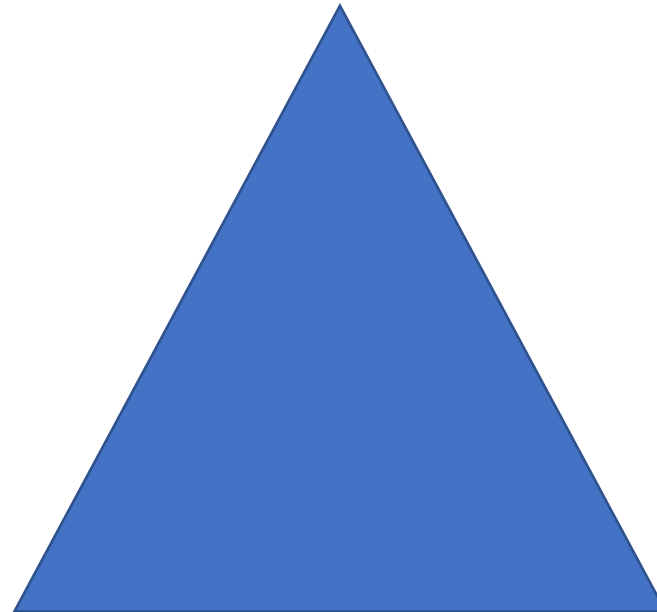


2 Upleveler to Accelerate Your Results

Coaching

Vision

Clarity



Accountability

Action

Decision

Disrupt
Paradigms

My Free Gift to You



Complimentary Strategy Session

Stay in Touch!

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Thank You

