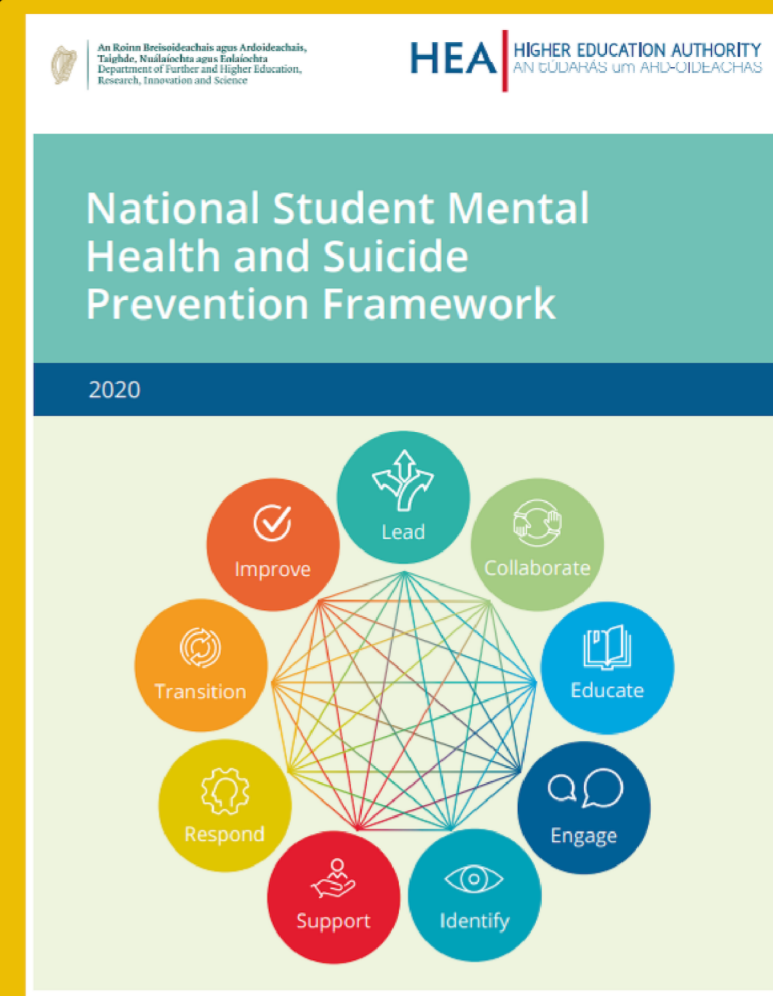


Supporting the National Student Mental Health and Suicide Prevention Framework: Embedding Wellbeing in the UCD Veterinary Curriculum



Research shows increased mental health distress and suicidal ideation among veterinary medicine and nursing practitioners and students.¹⁻⁵
In 2020, the VCI commissioned a survey of the veterinary profession on wellbeing and mental health.⁶

September 2022

Champions in student affairs and faculty identified to work on a pilot curriculum project in collaboration with HSE Health and Wellbeing.

October 2022 – May 2023

Collaboration between student affairs, faculty and HSE on developing a pilot programme focused on self-care for delivery within the veterinary curriculum.

June – August 2023

Recruit and train facilitators. Two-day training. Facilitators are professional staff and faculty.

September 2023

Pilot of HSE's adapted 'Minding Your Wellbeing' programme with 90 undergraduate veterinary medicine students at UCD.

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