## Best Practice in Peer-Led Transition:

Optimising Programmes for New Student and Volunteer Belonging and Student Success

Ralph Armstrong-Astley

Student 2 Student Co-Ordinator,

Trinity College Dublin







### Agenda

- 1. Introduction/context to the Guidelines
- 2. Icebreaker
- 3. Practical Exercise Theory of Change
- 4. Practical Exercise Change Mechanisms
- 5. Summary and resources





# Introduction and Context







### Key Objectives – Pilot across 3 HEIs



Strong evidence base (literature, practitioners, students)



Data system (recruitment, recognition, quality assurance)



Training resources



Session resources



Evaluation tools and measures



National framework and recommendations



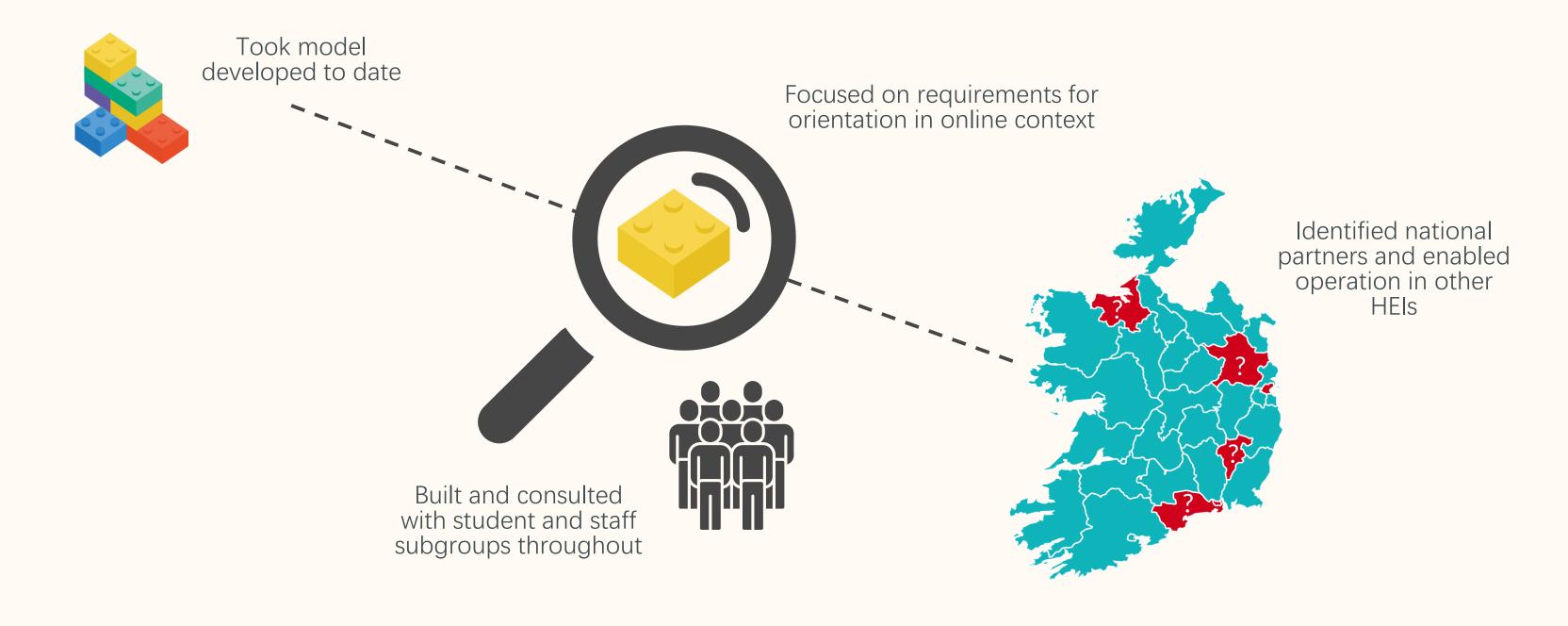
Peer-Led Transition consortium







### Key Objectives – Pilot across 3 HEIs







# Best Practice Guidelines for Peer-Led Transition

- Recruitment
- Training
- Volunteer Engagement& Support
- Mentee Engagement
- Volunteer Rewards
- Feedback & Evaluation
- Staff Engagement (e.g. institutional stakeholders)
- Risk Management
- Support for Peer-led Transition Staff
- Resources





### Icebreaker





# Theory of Change







### Action

Train volunteers

### Action

Set-up orientation sessions

### Outcome

• 150 new students welcomed



### Action

Recruit
 volunteer

#### Outcome

20 volunteers recruited

### Impact

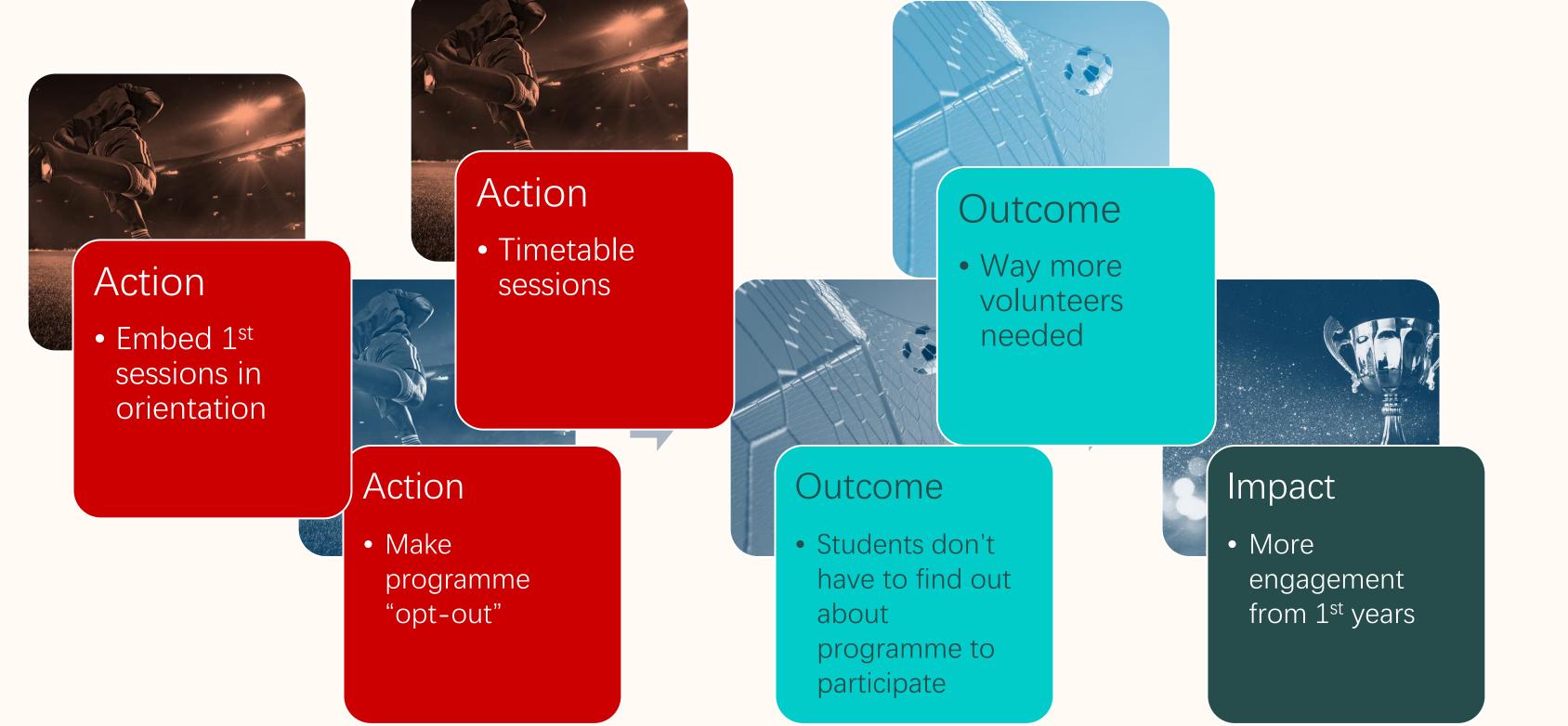
Increased student belonging

### Outcome

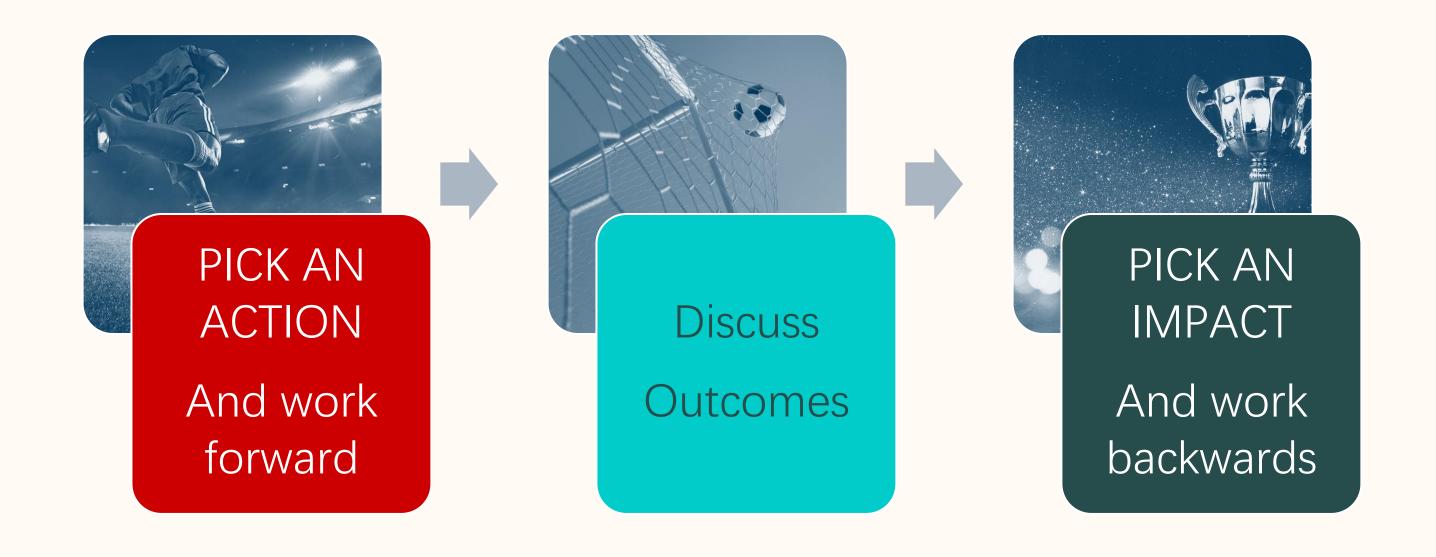
Volunteers gain employability skills











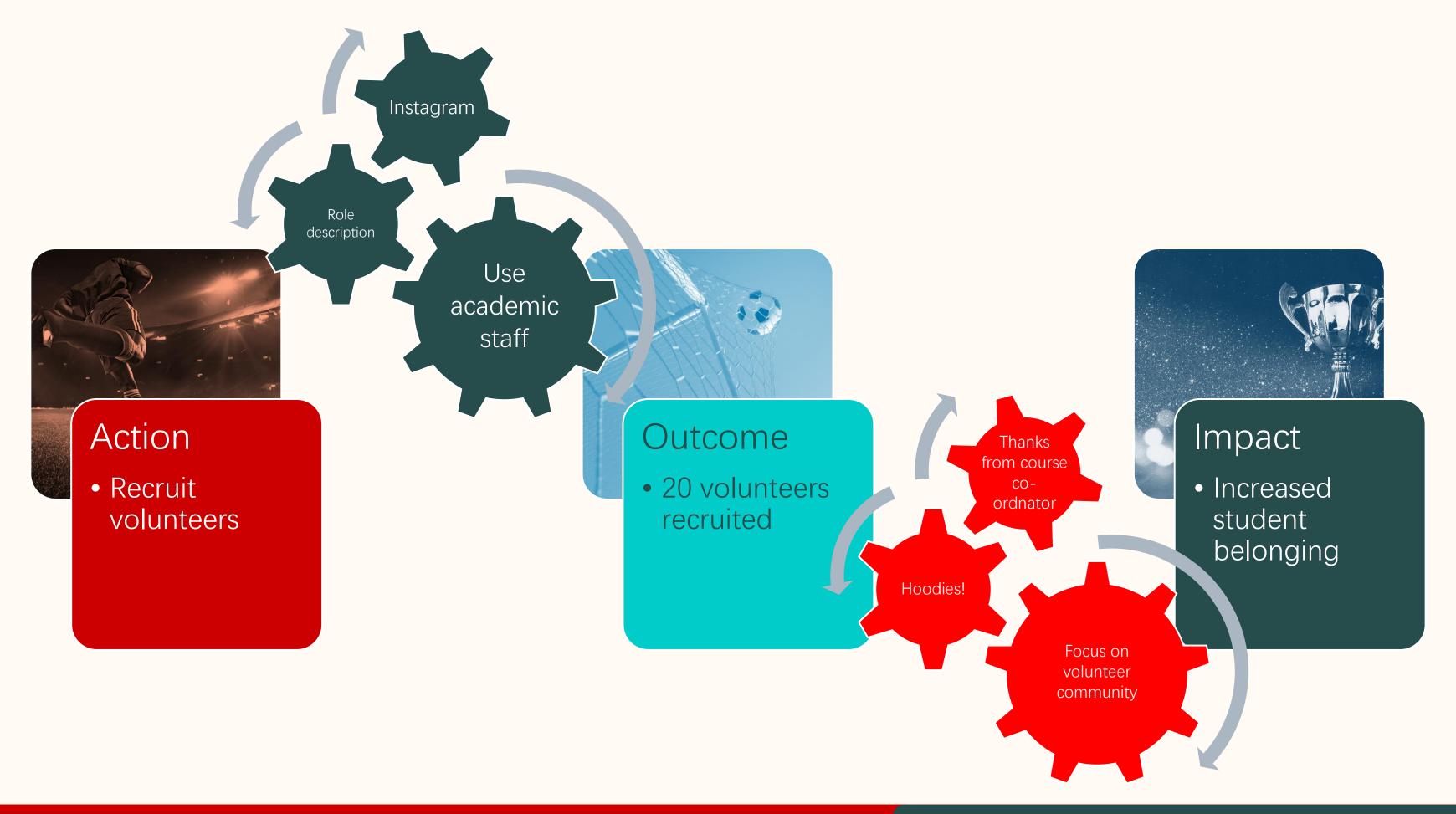




### Change Mechanisms

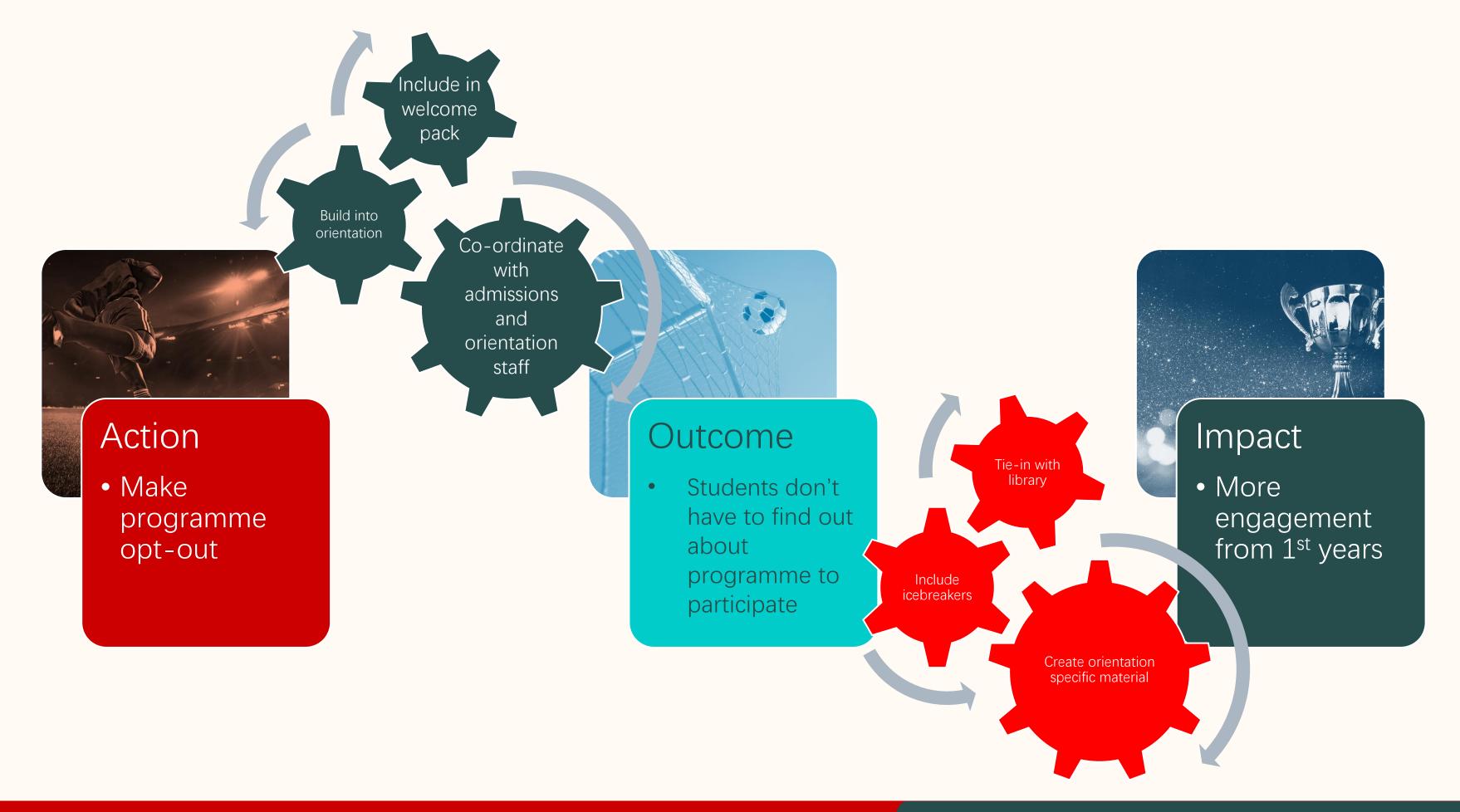




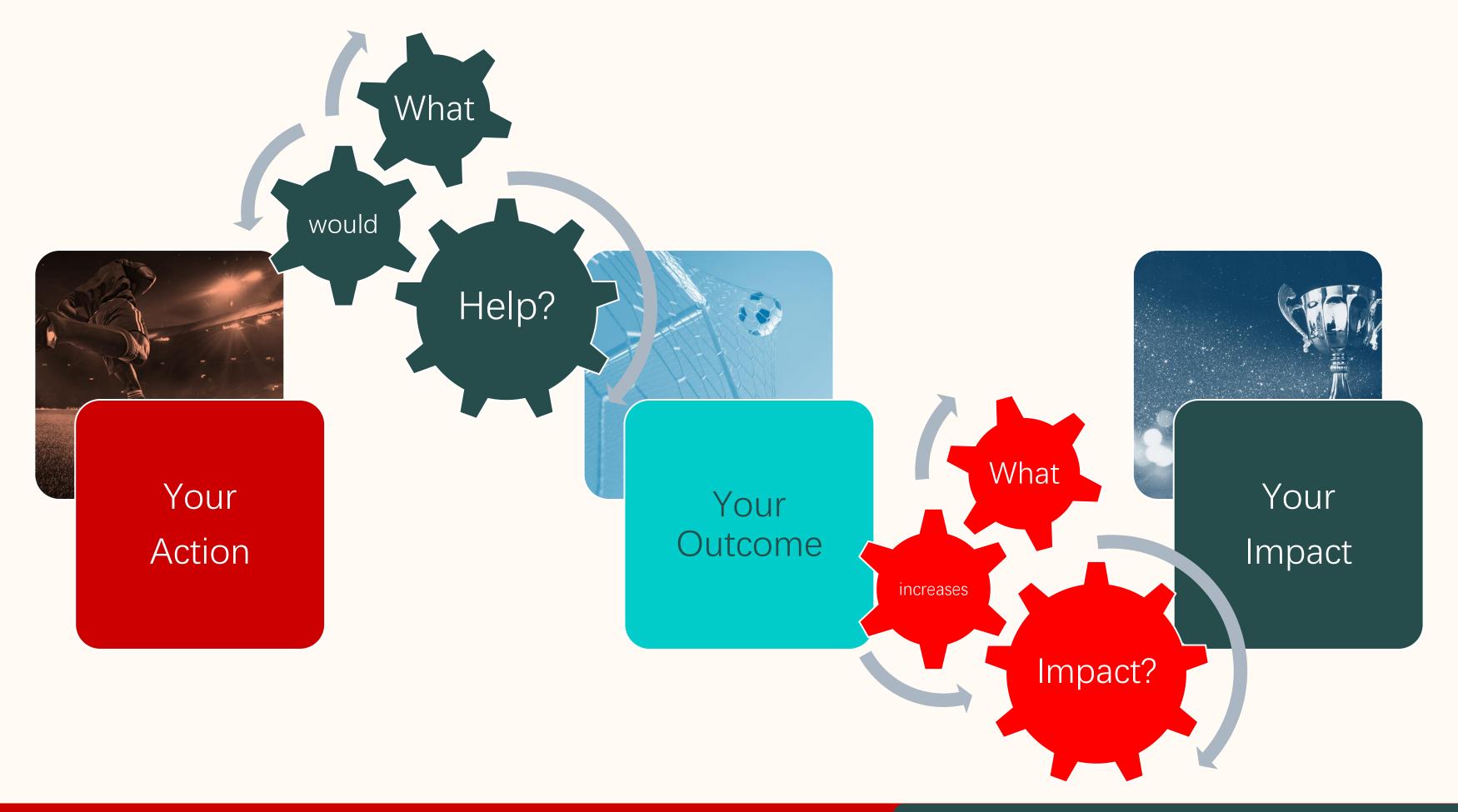
















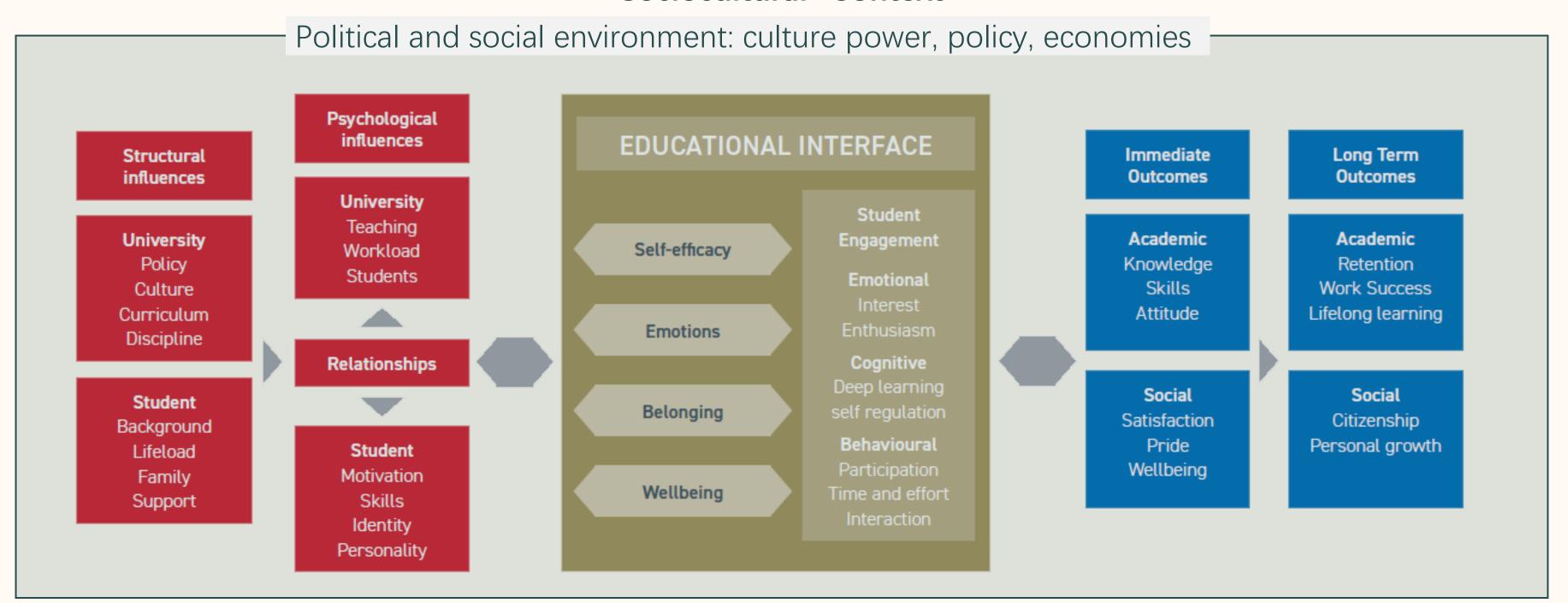
### Summary





### The Educational Interface

#### Sociocultural Context



Refined conceptual framework of student engagement incorporating the educational interface. Adapted from Kahu & Nelson, 2016, p. 64



### Belonging



A feeling that the student matters to other students and that there is a collective commitment to be together.



A sense of indispensability within the system.



A sense of identification/positioning in relation to a group/college community.



A belief that the student is accepted, valued, included, and encouraged by others.



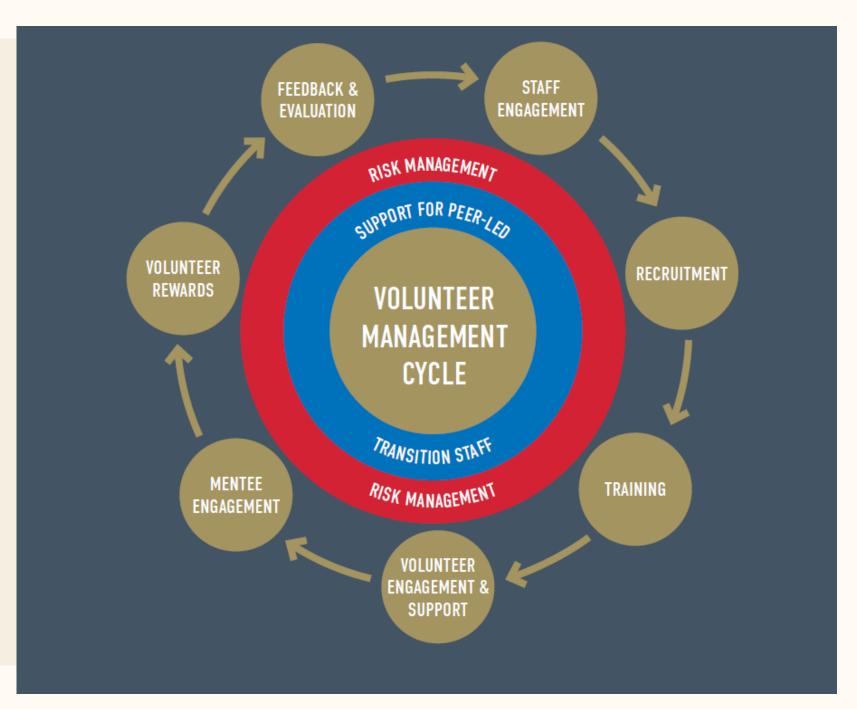
"During like the mentoring experience it was kind of nice to see them like have questions of themselves, that was like, 'I don't know what I'm doing', 'I could be completely wrong', and it's like, oh okay, right, it's not just my age, it's just it's everyone. It's everyone transitioning here together".





## National Consortium for Peer-Led Transition









### S2S Resources



#### **S2S Mentor Training**

Find all our resources for S2S Mentor Training here



#### **S2S Mentor Trainer Training**

Find all our resources for S2S Mentor Trainer training here



#### S2S Advanced Mentor

Training

Find all our resources for S2S Advanced Mentor Training here



#### **S2S Head Mentor Training**

Find all our resources for Head Mentor
Training here



#### **S2S Peer Support Training**

Find all our resources for Peer Support
Training here







# From Demographics to Demands: Rethinking Student Success in a Changing World

Today's students expect more:

- ✓ Flexible learning
- ✓ Belonging and well-being
- ✓ Career-ready skills

Join us on **22<sup>nd</sup> October at 2pm** to explore what's driving today's student expectations—and walk away with strategies to design inclusive, flexible, and career-aligned experiences that deliver real results.

Led by Elise Ahenkorah, an award-winning global inclusion strategist who has partnered with institutions like Cornell University, LSE, McGill, and the University of Toronto, this session brings fresh insight and real-world expertise to help your institution meet the moment.



For faculty, staff, students, student services, and academic leaders from local associations

Register here:





Thank You!

Ralph Armstrong-Astley astleyr@tcd.ie







Coláiste na Tríonóide, Baile Átha Cliath The University of Dublin